

 NEW ONLINE LEARNING MODULE SERIES

MENTAL HEALTH IN CYSTIC FIBROSIS



ENDORSED BY



Vertex is proud to partner with EMPOWERED to bring you the *Mental health in cystic fibrosis (CF)* module series, developed under the guidance of an independent steering committee.

From time of diagnosis, the threats of CF and the burdens of managing a chronic illness can be unrelenting and impact on the functioning and wellness of the patient and their family.¹⁻³ While the therapeutic landscape for CF has transformed dramatically within the last decade, an increased survival age brings the increased incidence of age-related CF complications and psychosocial challenges.²⁻⁴

In addition to the usual hardships of their daily life, people living with CF are navigating more diverse issues that can impact their emotional wellbeing.³ It is crucial that members of the multidisciplinary CF team understand the mental health impacts of CF and provide support.³

This module series aims to upskill multidisciplinary health professionals to recognise and respond to emerging mental health issues in patients with CF as well as their caregivers.

The following three chapters in the *Mental health in CF* module series are now available.

- **Chapter 1** presents an overview of *the impact of CF on mental health, and the impact of mental health conditions on CF*.
- **Chapter 2** considers *multidisciplinary mental healthcare and resources for CF* as we explore the guidelines, services, resources and practical interventions available to provide holistic, multidisciplinary mental health management for those with CF.
- **Chapter 3** addresses the importance of *personalising and prioritising mental health care in CF*, illustrated through three interactive patient cases that practically address how to bring an effective multidisciplinary approach to mental health care in CF.

**MORE MENTAL HEALTH IN CF TOPICS
COMING SOON!**

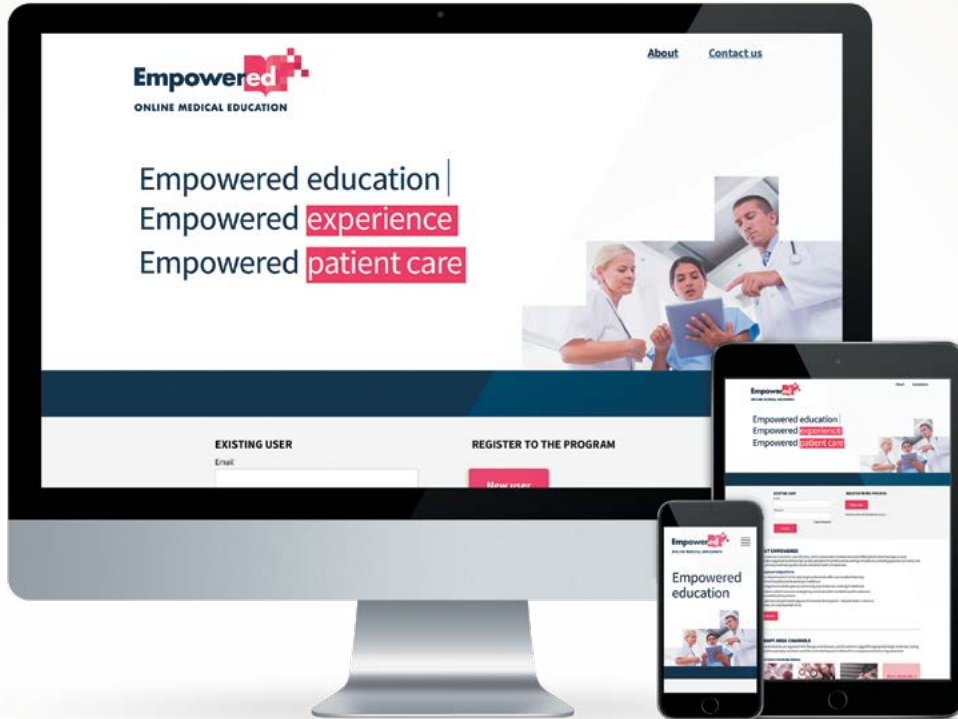
Available within the following EMPOWERED content channels

- Mental health
- Respiratory
- Psychiatry/psychology
- Multidisciplinary care

Access the module series at
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